

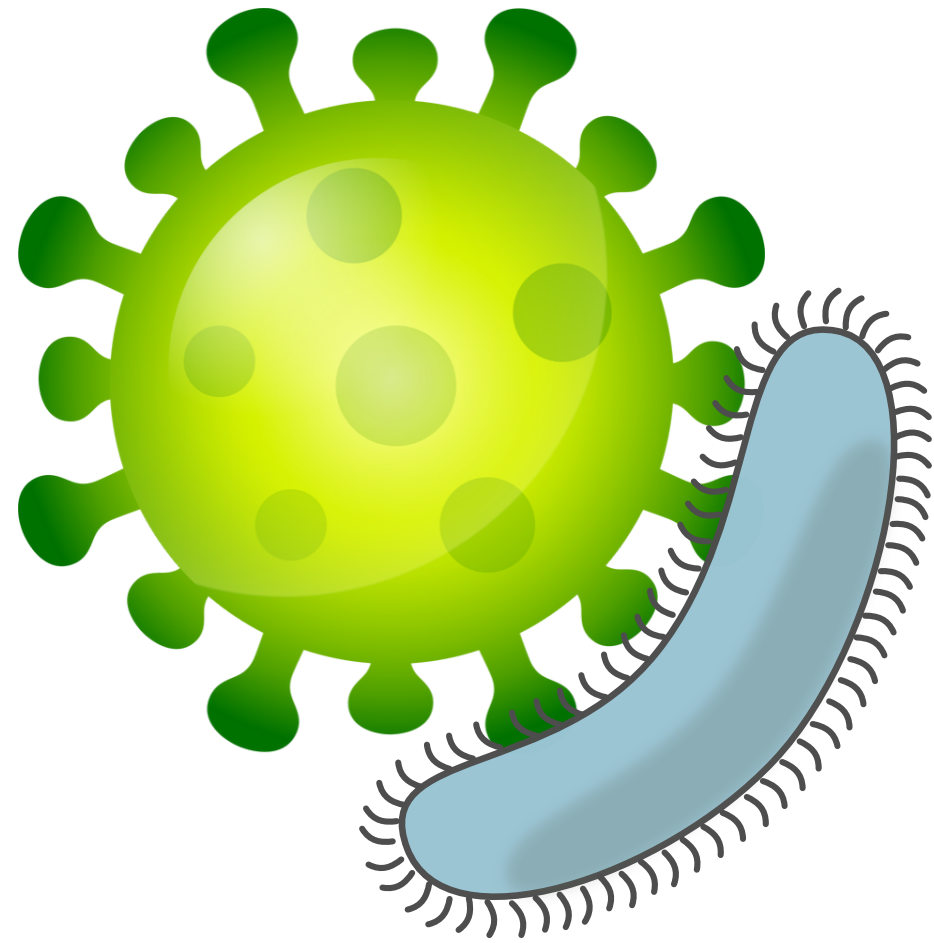
# Wash Your Hands!



**It is important to wash my hands.**

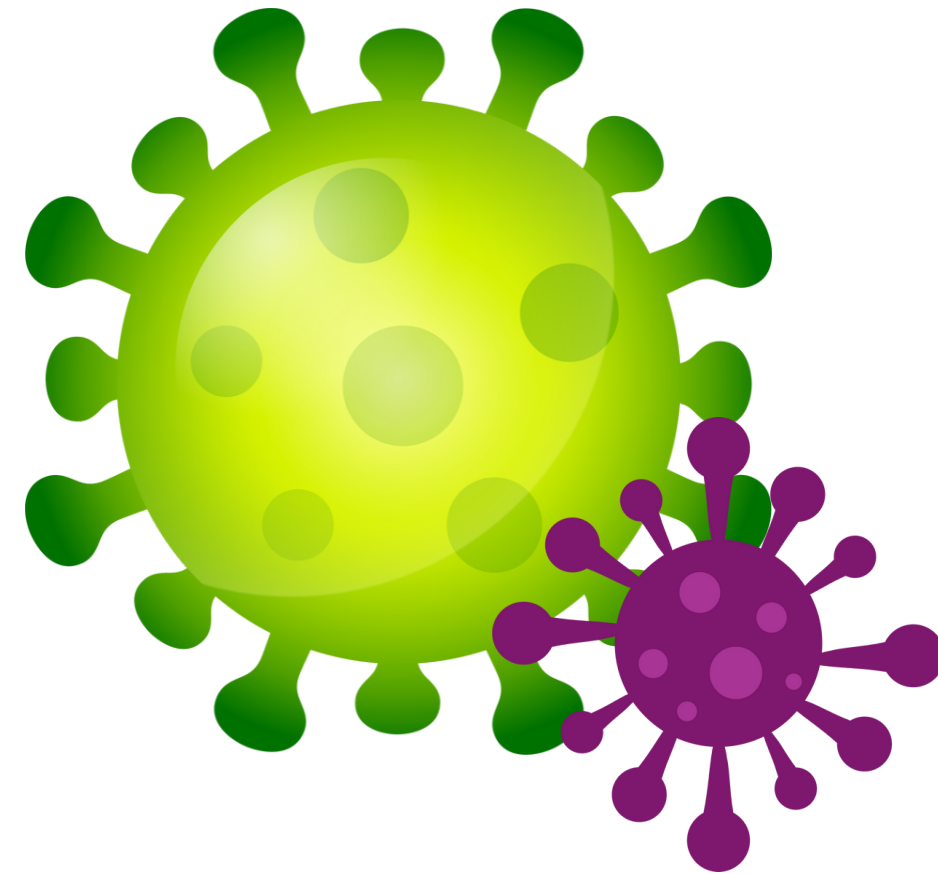


When I do, bad **GERMS** go away!



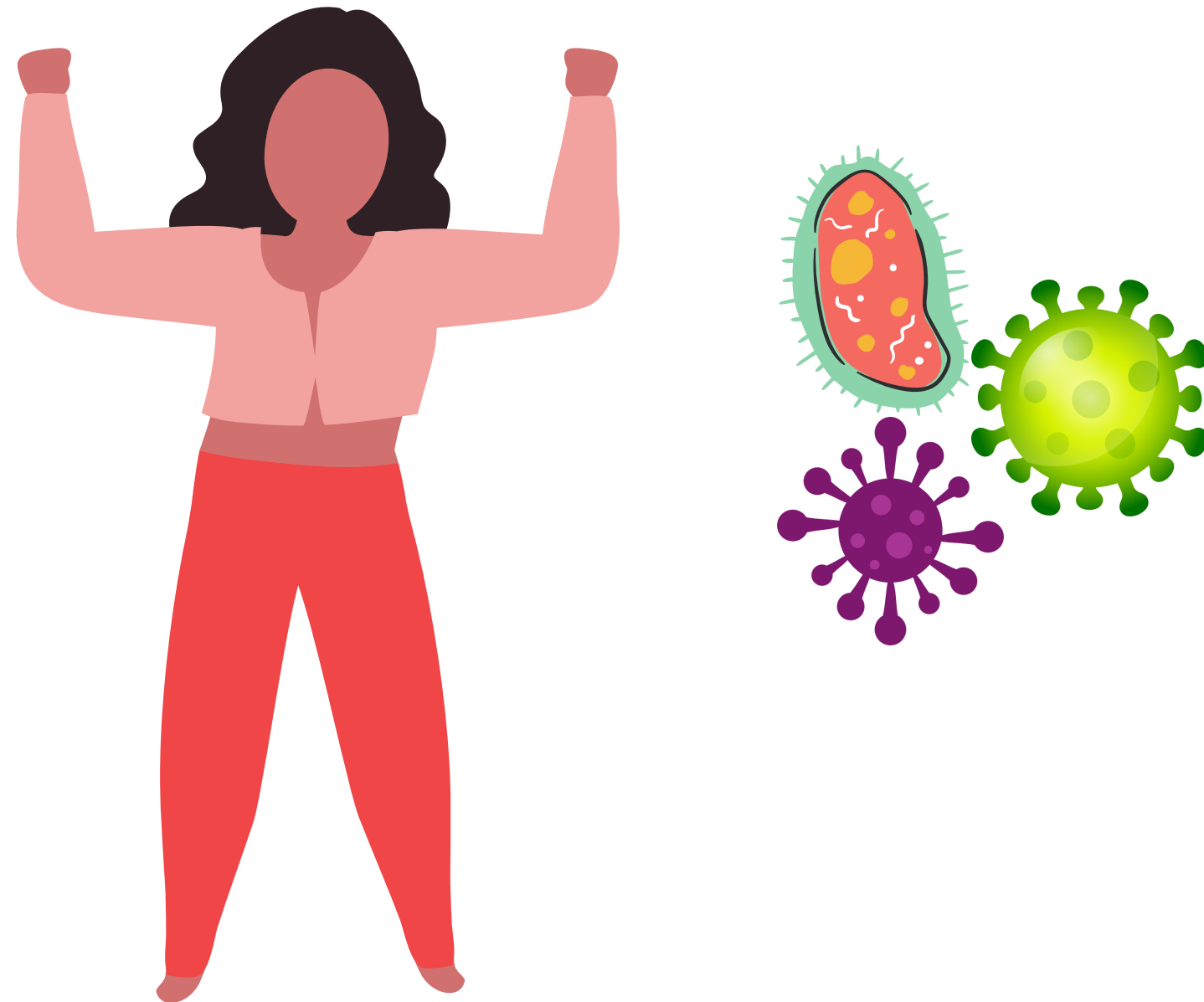
**GERMS** are small things that make me **SICK**  
and not feel so good.

**GERMS** live all around me.



**They are small and sometimes, we can not see them.**

**It's OK to feel scared about germs! But remember, germs are important. They help my body's immune system become strong!**

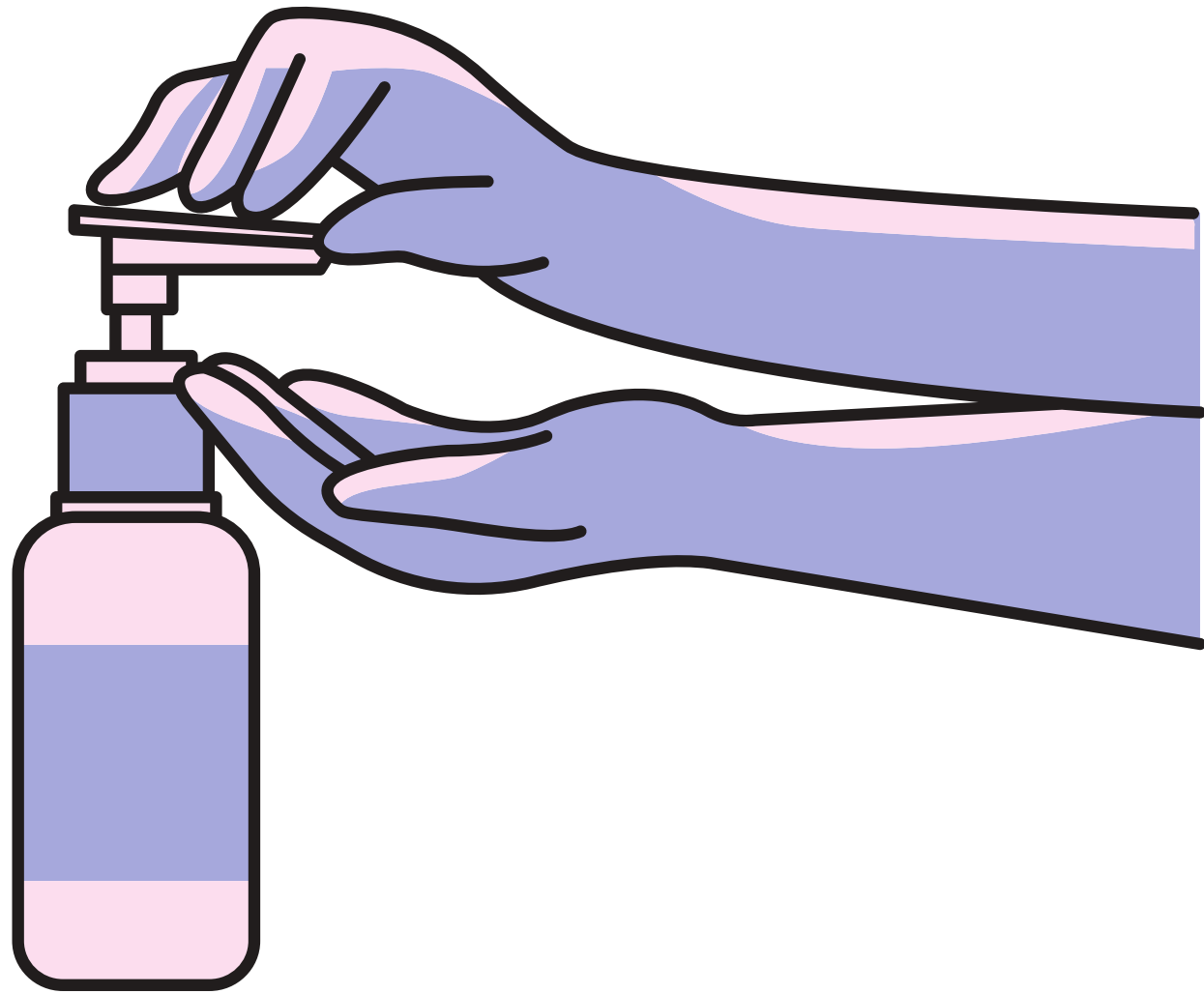


# How do I wash my hands?



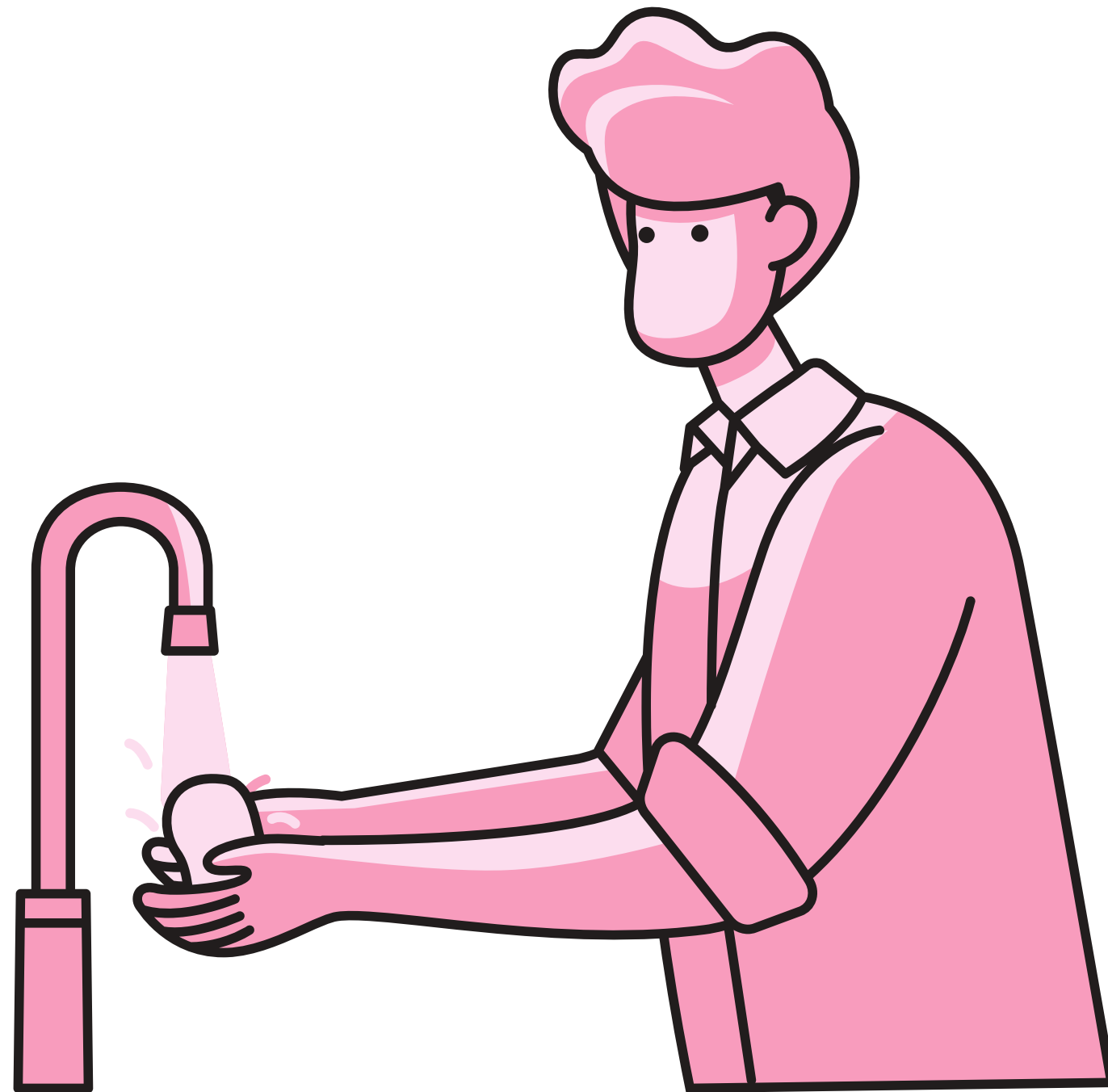
**First, I should turn on the water and wet my hands.**

**Next, I should put soap. Then, scrub, scrub, scrub!**



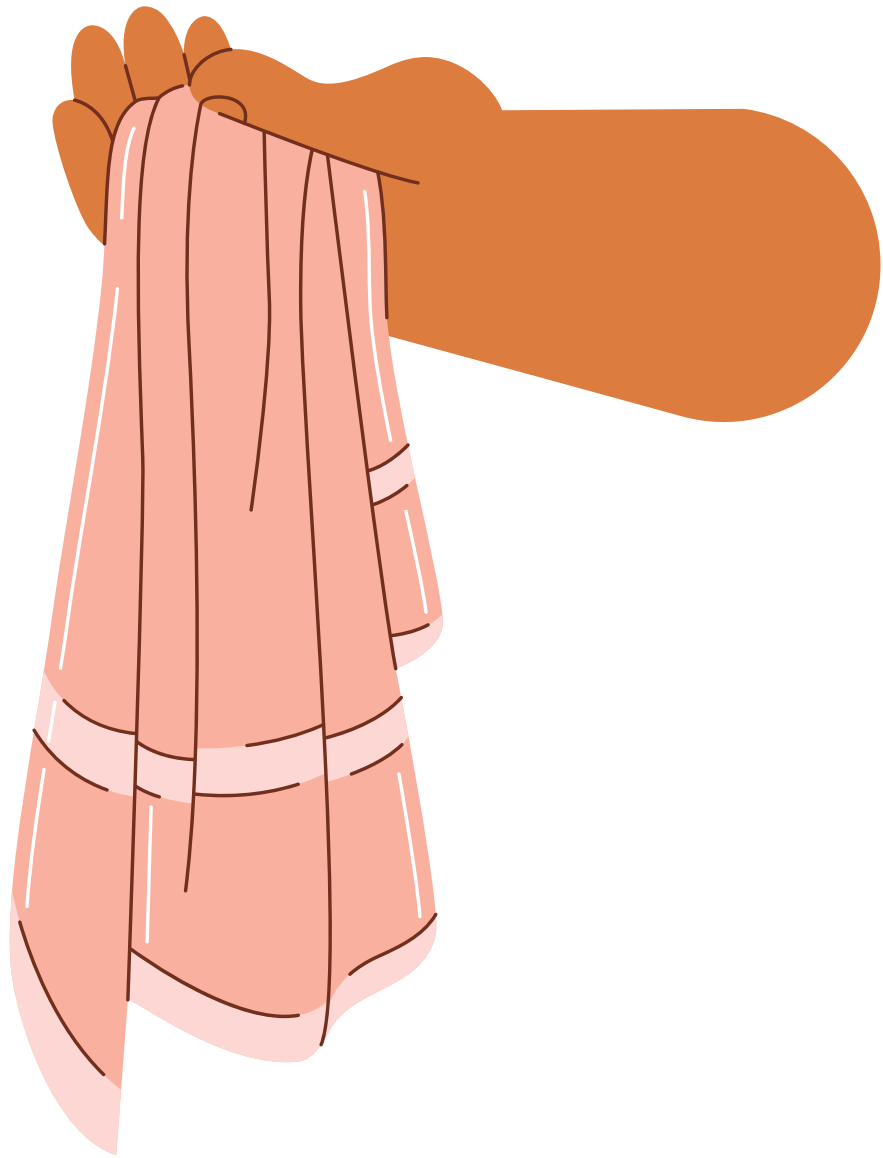
**While I scrub, I can sing the "Happy Birthday" song.  
When the song is done, I know I am done scrubbing!**

**Next, I need to rinse my hands by washing off all the soap.**





**Now, I must dry my hands with a towel!**



**I am done! My hands are now squeaky clean!**

**I will wash my hands.**

